

Sewing for Service is an *individual* NJ FCCLA State Event that encourages service learning within the clothing and textiles curriculum. Students come with sewing equipment and are given the supplies to create a specific project that will benefit a target group. Students are judged on their sewing skills, time management, and answers to questions.

**NEW JERSEY CORE CURRICULUM STANDARDS**

- 1.1.12C.1 Use contextual clues to differentiate between unique and common properties and cultural implications of dance, music, theater and visual arts.
- 1.2.12B(4).1 Synthesize the elements of art and principals of design into an original portfolio of two to three dimensional artwork that reflects personal style and a high degree of technical proficiency and expressivity.
- 1.4.12C.1 Formulate criteria for arts evaluation using positive commentary based on observance of the elements of art and principles of design in dance, music, theater, visual and multimedia artwork from diverse cultural contexts and historical eras.
- 2.1.12.A.1 Analyze the role of personal responsibility in maintaining and enhancing personal, family, community and global wellness.
- 3.1 Understand and apply the knowledge of sounds, letters, and words in written English to become independent and fluent readers, and will read a variety of materials and texts with fluency and comprehension.
- 3.3 Speak in clear and concise organized language that varies in content and form for different audiences and purposes.
- 3.4 Listen actively to information from a variety of sources in a variety of situations.
- 3.5 Access, view, evaluate, and respond to print, nonprint, and electronic texts and resources.
- 4.1 Develop number sense and will perform standard numerical operations and estimation on all types of numbers in a variety of ways.
- 4.2 Develop spatial sense and an ability to use geometric properties, relationships and measurement to model, describe and analyze phenomena.
- 8.1.12.A.3 Participate in online courses, learning communities, social networks, or virtual worlds and recognize them as resources for lifelong learning.
- 8.1.12.A.4 Create a personalized digital portfolio that contains a résumé, exemplary projects, and activities, which together reflect personal and academic interests, achievements, and career aspirations.
- 9.1.12.A.1 Apply critical thinking and problem solving strategies during structured learning experiences.
- 9.1.12.C1 Design a service learning activity with input from experts in the field, community members and other stakeholders to address a local, national or worldwide need.
- 9.3.12.C.2 Characterize education and skills needed to achieve career goals, and take steps to prepare for postsecondary options, including course selections, assessments, and extra-curricular activities.
- 9.3.12.C.3 Develop personal interests and activities that will support declared career goals and plans.
- 9.1.12.F2 Demonstrate a positive work ethic in various settings, including the classroom and during structures learning experiences.

- 9.3.12.C.5 Identify transferable skills in career choices and design alternative career plans based upon those skills.
- 9.3.12.C.6 Develop job readiness skills by participating in structures learning experiences and employment seeking opportunities.
- 9.3.12.C.7 Pursue a variety of activities related to career preparation (e.g., volunteer, seek employment, apply for training grants, higher education grants and loans.)
- 9.3.12.C.11 Evaluate the responsibility of employers and employees for maintaining workplace safety and health rights related to a particular occupation/ career.

### EVENT CATEGORIES

**Junior:** Grades 6 – 9

**Senior:** Grades 10 – 12

**Occupational:** Grades 10 – 12

### ELIGIBILITY

1. Each chapter may enter one (1) participant for every twelve (12) affiliated FCCLA members with a maximum of two (2) entries. An event category is determined by a member's grade in school and affiliation status.
2. Participation is open to any affiliated FCCLA member.

### REGULATIONS

1. Participant will have one hour and forty-five minutes (1hr and 45 min) to complete this *onsite event*. Suggested time management includes:
  - Ten (10) minutes for preparation, set-up, and reading the pattern directions
  - Ten (10) minutes pinning, cutting, and marking the pattern and fabric
  - Seventy-five (75) minutes for construction of the project
  - Ten (10) minutes for clean up
2. Each participant is **required to bring**:
  - A portable sewing machine
  - One (1) heavy duty 6 ft. extension cord
  - Commonly used sewing machine presser foot attachments (zipper foot, buttonhole foot, etc.)
  - Cutting shears, pins, tape measure, handsewing needles, bobbin, seam ripper
3. Materials for the small sewing project for a community organization will be distributed to each participant.
4. NJ FCCLA will provide the following items for the project:
 

- Instructions/guidelines	- Identification card & pencil
- Pattern	- Iron & ironing board
- Fabric	- Thread
5. Participant will be required to do the following for the event:
  - read pattern directions
  - pattern layout/cutting
  - marking
  - project construction according to directions
  - completion of identification card

6. Each participant must complete an identification card on a three (3)-by-five (5) inch index card with the following:
  - Participant Name
  - School Name
  - Event Category
7. Evaluators may ask participant questions during the event.
8. The finished sewing project becomes the property of NJ FCCLA and will be donated to the organization that can best use the finished project.
9. Participant is required to clean his/her work area at the conclusion of the event.
10. See GENERAL INFORMATION AND RULES in these guidelines.

**SEWING FOR SERVICE SPECIFICATIONS**

**Critical Thinking**

The demonstration of skills may be up to one hour and forty-five minutes (1 hr and 45 min) in length and is completed for evaluators. The activities show the step-by-step process in the construction of a textile/fabric project.

Organization	Clean and organized work area with all the necessary equipment available.
Safety	Proper precautions for safety are followed.
Pattern Layout	Efficient use of fabric. Accurate measurements are used. Project should be cut on grain, flat and smooth.
Follows Written Directions	Sequentially follows directions.
Technical Skills and Use of Tools	Understands and correctly uses marking, sewing, and pressing tools.
Time Management	Effective use of time allotted.
Ability to Problem Solve	Able to find solutions in the creation of project.

**Quality of Construction**

The demonstration of skills may be up to one hour and forty-five minutes (1 hr and 45 min) in length and is completed for evaluators. The activities show the step by step process in the construction of a textile/fabric project.

Seams and Seam Finishing	Seams should be consistent width, reinforced at both ends, and appropriately finished.
Clipping, Grading and Trimming	Curves and bulky seams are addressed properly.
Hand Sewing	Hand sewing should be inconspicuous and secure.
Pressing Techniques	The project should be pressed throughout the construction process, and have a professional finish.

**Project Evaluation**

The demonstration of skills may be up to one hour and forty-five minutes (1 hr and 45 min) in length and is completed for evaluators. The activities show the step by step process in the construction of a textile/fabric project.

Finished Appearance	The project should be well-made, using techniques that reflect industry standards. All product elements culminate in a visually appealing project.
Responses to Evaluators' Questions	Provide clear and concise answers to evaluators' questions regarding project and subject matter.
Identification Card	Contains information required.

SEWING FOR SERVICE RATING SHEET

Name \_\_\_\_\_ School \_\_\_\_\_

Check One Event Category: \_\_\_\_\_ Junior \_\_\_\_\_ Senior \_\_\_\_\_ Occupational

Write the appropriate rating under the score column. Points given may range between 0 and maximum number indicated. Where information is missing, assign a 0. Total the points and enter under TOTAL SCORE.

Evaluation Criteria	Poor	Fair	Good	Very Good	Excellent	Score	Comments
<b>CRITICAL THINKING</b>							
Organization	0-1	2	3	4	5		
Safety	0-1	2	3	4	5		
Pattern Layout: Efficient use of fabric, accurate measurements, cut on grain, flat & smooth.	0-2	3-4	5-6	7-8	9-10		
Follows Written Directions	0-1	2	3	4	5		
Technical Skills and Use of Tools: Understands and correctly uses marking, sewing, and pressing tools.	0-2	3-4	5-6	7-8	9-10		
Time Management	0-2	3-4	5-6	7-8	9-10		
Ability to Problem Solve	0-2	3-4	5-6	7-8	9-10		
<b>QUALITY OF CONSTRUCTION</b>							
Seams and Seam Finishing: Seams should be consistent width, reinforced at both ends, and appropriately finished.	0-2	3-4	5-6	7-8	9-10		
Clipping, Grading and Trimming: Curves and bulky seams are addressed properly.	0-1	2	3	4	5		
Hand Sewing: Inconspicuous and secure	0-2	3-4	5-6	7-8	9-10		
Pressing Techniques: Pressed throughout the construction process, and have a professional finish.	0-1	2	3	4	5		
<b>PROJECT EVALUATION</b>							
Finished Appearance: Well-made, using techniques that reflect industry standards. All product elements culminate in a visually appealing project.	0-2	3-4	5-6	7-8	9-10		
Responses to Evaluators' Questions:	0-1	2	3	4	5		

Total Score \_\_\_\_\_

Verification of Total Score (please initial)

Evaluator \_\_\_\_\_

Room Consultant \_\_\_\_\_

Lead Consultant \_\_\_\_\_

Circle Rating Achieved:

Gold: 90-100

Silver: 75-89

Bronze: 60-74